



**APIVITA**  
NATURAL PRODUCTS

# M' SPA treatments

APIVITA, inspired by the philosophy of Hippocrates, Greek Nature and the power of aromatherapy, has created APIVITA SPA, the unique series of holistic, natural and effective treatments that combine APIVITA natural products with innovative treatments and special massage techniques that promise and inspire well being to body and senses.

## Face Treatments

### EXPRESS MEDITERRANEAN SKIN FOOD

**30min - 55€**

A treatment based on the nourishing and antioxidant ingredients of the Mediterranean diet. Express Mediterranean skin food offers unique rejuvenation and skin renewal in express time! Choose the suitable treatments for your skin type and personal needs from the Mediterranean "Menu" of APIVITA.

- Cleansing and detoxification with green clay
- Balance oily skin
- Hydration with aloe for sensitive skin
- Deep face moisturizing with cucumber
- Moisturizing & revitalizing with prickly pear
- Nourishment with honey
- Rejuvenation & radiance with orange & vitamins
- Revitalizing & radiance with pomegranate

### QUEEN BEE FACE

**70min - 70€**

#### Rejuvenating and firming face treatment with royal jelly and honey

A "Royal treatment" based on the beneficial properties of royal jelly and honey to restore and firm the skin. APIVITA's unique face massage activates selected energy points (acupressure points) and helps the regeneration and restoration of the skin. Royal jelly an elixir of life and youth nourishes, regenerates, rejuvenates and restores the skin's vitality.

### MEN'S INVIGORATING FACIAL WITH CARDAMOM AND CEDAR

**60min - 90€**

A relaxing and invigorating face treatment especially designed for the needs of the modern man. The treatment begins by releasing withheld tension with the APIVITA relaxing back massage. The face treatment that follows offers deep cleansing, tones and moisturizes the skin while combating darks circles and signs of fatigue in the eye area.

## Body Treatments

### LIPOLYSIS

**50min - 70€**

#### Treatment against cellulite and local fat with red and black pepper

A unique APIVITA treatment against cellulite that utilizes the power of red and black pepper. The treatment begins with an invigorating body scrub and follows with the anti-cellulite massage with specially selected essential oils, activate the lymphatic system to remove toxins and reduce water retention. For best results we recommend repeating the treatment for at least 3-6 times.

### QUEEN BEE BODY

**70min - 100€**

#### Rejuvenating, rich body treatment with royal jelly and honey

The "Queen" of treatments, an elixir of youth, designed exclusively to utilize the nourishing ingredients from the hive of APIVITA. The crystallized honey exfoliates the body while at the same time moisturizing and softening the skin. The luxurious body massage that follows relaxes the senses. The treatment includes a short facial with fresh royal jelly that nourishes, rejuvenates and restores glow and vitality to even the most demanding skin. This "sweet" treatment improves the texture of the skin and offers spiritual wellbeing.

### AEGEAN SCRUB WITH CRETAN SEA SALT & LAVENDER

**40min - 55€**

A refreshing treatment that deeply hydrates and helps regenerate the skin. The treatment includes a unique full body scrub with herbal sea salt and plant oils that removes dead skin cells and smoothes the skin. The treatment is completed by a rich hydration that nourishes and soothes the skin.



THE MET HOTEL

a member of DESIGN HOTELS™